



Spanish  
Family Planning  
Federation

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**Spanish Family Planning Federation**

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@fpfeong



FedePlanificacionFamiliar

# Spanish Family Planning Federation



ANNUAL REPORT 2013



# FPFE

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*> The Spanish Family Planning Federation (FPFE), founded in 1987, made up of individuals and associations from various regions in Spain, works to promote free exercise of sexual and reproductive rights and access to quality sexual and reproductive health services, education and information. We are a non-governmental organisation which acts on regional, national and international levels.*

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FPFE

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Family Planning  
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*> To achieve our enumerated goals, our member organisations maintain the following working goals:*

**> SEXUALITY CARE SERVICES**

We offer sexuality care services to all members of the population, with services targeted to the specialized needs of all individuals. We achieve this through a standardized and comprehensive approach, and are staffed with multidisciplinary teams that are trained to reach the most vulnerable populations. All services are confidential and free of charge.

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**> SEXUAL EDUCATION AND TRAINING**

We uphold a comprehensive and standardized sexual education curriculum, which is carried out by experts in the field of sexual and reproductive health and rights (SRHR). Additionally, we offer various trainings surrounding the promotion and defence of SRHR.

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**> RESEARCH**

We maintain detailed and up to date records of the state of SRHR, its effects on the populations that we serve, and the ways in which the provision of public health services function.

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**> ADVOCACY**

By focusing primarily on international public policies, we promote a political and legislative framework that guarantees full SRHR to all individuals.

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**> AWARENESS / COMMUNICATION**

We promote the discourse and public visibility of SRHR by equally representing the voices of individuals and organizations. Our programs and projects exemplify the importance of communication, and the various formats and spaces through which communication can occur.

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## OUR MEMBER ASSOCIATIONS :

page **33**

> **Atseginez**

*Basque Country.*

page **36**

> **APFCIB**

*Catalonia and Balearic Islands.*

page **39**

> **APFM**

*Madrid.*

page **42**

> **AEXPFS**

*Extremadura.*

page **44**

> **Asexórate**

*Castille - La Mancha.*

page **46**

> **Agasex**

*Galicia.*

page **48**

> **APFCyL**

*Castille y León.*

### > **FINANCIAL INFORMATION**

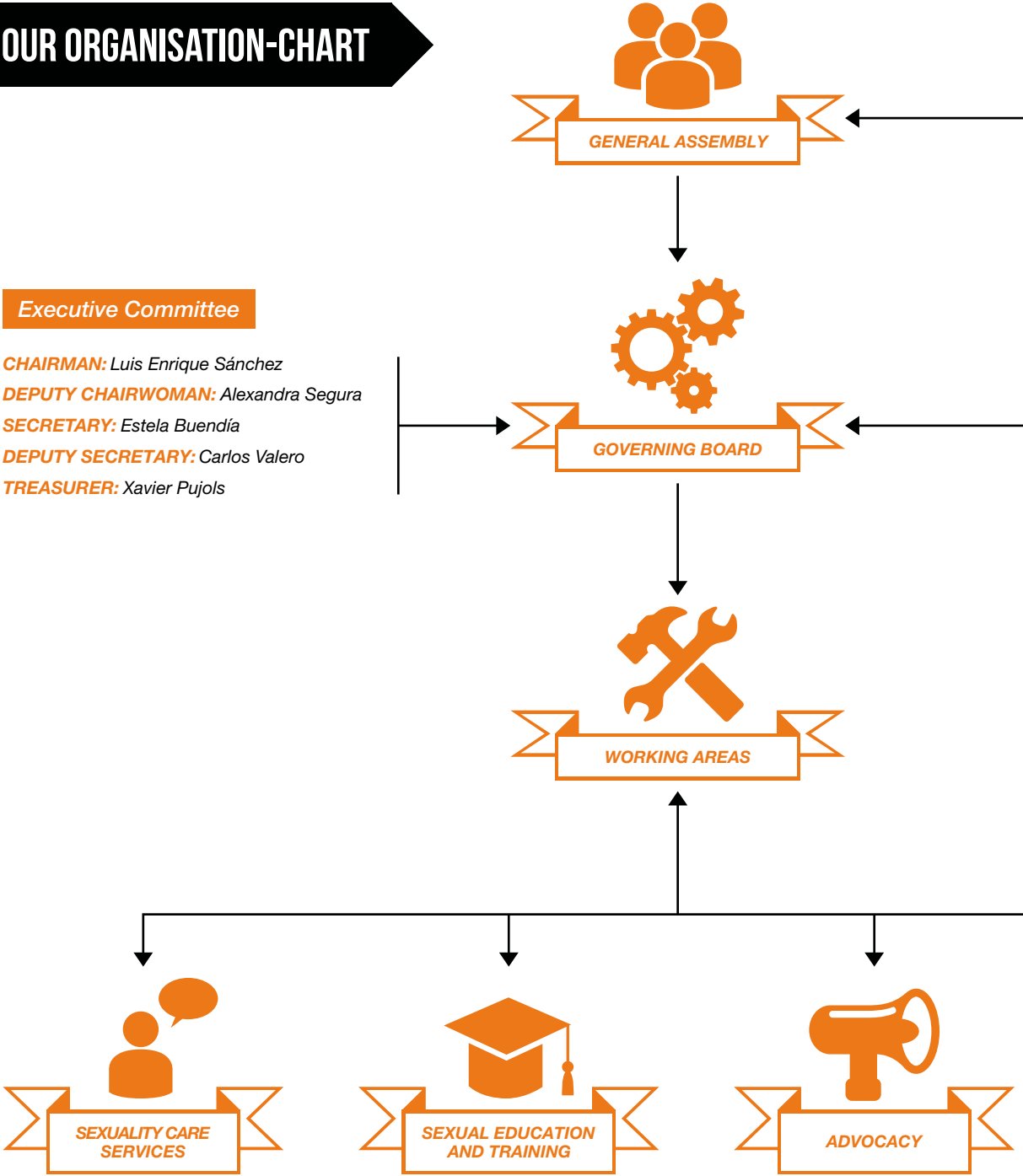
Accountability and transparency are of the utmost importance to our organisation, which allows us to continue to defend SRHR in its many forms.

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# OUR ORGANISATION-CHART

**Executive Committee**

**CHAIRMAN:** Luis Enrique Sánchez  
**DEPUTY CHAIRWOMAN:** Alexandra Segura  
**SECRETARY:** Estela Buendía  
**DEPUTY SECRETARY:** Carlos Valero  
**TREASURER:** Xavier Pujols



> **STAFF:**

**20 employees**

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Associació De Planificació Familiar de Catalunya i Balears | **APFCiB**  
 Asociación Galega para a Saúde Sexual | **AGASEX**  
 Asociación de Planificación Familiar de Castilla y León | **APFCyL**  
 Asociación de Educación Sexual y Planificación Familiar de la Comunidad Autónoma del País Vasco | **ATSEGINEZ**  
 Asociación Extremeña de Planificación Familiar y Sexualidad | **AEXPFS**  
 Asociación de Planificación Familiar de Madrid | **AFPM**  
 Asociación de Educación Sexual y Planificación Familiar | **ASEXÓRATE**

### Members

Atseginez / Óscar Aranda, Luis Monasterio (since Sept. 2013)  
 APF Madrid / Gema González  
 APFFCiB / Catalina Calero  
 APF Extremadura / Juliana Cabrera  
 Asexórate / Natalia Gómez, Javier Valera (since Sept. 2013)  
 Agasex / Montserrat Santos

RESEARCH

AWARENESS /  
 COMMUNICATION

FINANCES AND  
 ADMINISTRATION

43 volunteers

14 trainees





## WORDS FROM OUR CHAIRMAN

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*> Dear members, friends, and contributors of the Federation,*

*On behalf of the Board of Directors of FPFE, I would like to share the following to summarize our organisation's activity in 2013, which, as you know, was a tough year due to the amalgamation of several factors.*

*The deep economic crisis, together with high conservative policies regarding social rights (and more specifically SRHR), has pushed us into a complicated position, largely due to the drastic reduction in financial support to all NGOs, the aid sector, and organisations working for the prevention of HIV and the promotion of access to contraception among young people and other marginalized groups.*

*Additionally, we recall the manner in which a large group of immigrants stopped receiving public health benefits in order to reduce the expenditures of the healthcare system. Additionally, the healthcare system is threatened by privatisation in many regions, despite, strong opposition from the population.*

*Regarding SRHR, we have witnessed the stagnation of the Sexual and Reproductive Health Strategy, which was a significant facet of Spanish Law 2/2010 (Law for Sexual and Reproductive Health and Termination of Pregnancy Act) The addendum enumerates drastic reduction of funding for both last generation hormonal contraceptives and support of expanded sexual education in schools.*

*A study conducted by the European Barometer on access to contraception in Spain and other European countries (with support from both the International Planned Parenthood Federation (IPPF) and FPFE), confirms that Spanish policies supporting access to contraceptive services have abated or stopped completely. Identical trends have been identified surrounding the funding of contraceptive methods, the policies for the promotion of sexual health, and other vital aspects of SRHR.*

*In December 2013, the Council of Ministers approved a threatening draft of the law that regulates abortion and SRHR. This draft was met with immediate and strong rejection, which verified that a wide majority of Spain's population, including the members of the ruling Popular Party, does not support with this measure.*

*Against all odds, FPFE has continued its work in all areas. We have continued developing our advocacy work, through the advisement of the Parliamentary Intergroup on Population, Development and Reproductive Health on matters of the Millennium Development Goals and the next Post-2015 Global Development Agenda. We continue to participate in different international projects, by developing studies and new key programs. Further, we are continuing to offer our care*

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and educational activities to youth and immigrants at our Youth Centres for Contraception and Sexuality (CJAS) or through our collaborators.

*Despite the plethora of obstacles that we faced, FPFE has successfully reached the end of the financial year, thanks to collective efforts and sacrifices of our staff members, some of whom had to accept reduced salaries, due to extreme funding cuts. I acknowledge all of them, with a commitment to maintain their positions and their contracts, as CJAS are a national example of the work that this institution is achieving and, should be a benchmark of the level to which we continue to strive.*

*Further, we have reduced our expenses, and have more efficiently managed our revenue. Such actions have allowed us to avoid a seemingly inevitable series of collective dismissals of our employees, and have helped us reach the year's end with a small and affordable deficit.*

*We should applaud ourselves as we continue to work and exist in such a threatening environment. We began standing up for SRHR over thirty years ago, a time in which no discourse surrounding these integral human rights existed in Spain. Today, SRHR are almost universally accepted and, we use them as the first line of defence against governmental strategies.*

*I would be remiss to conclude this letter without mentioning our presence in the International Planned Parenthood Federation (IPPF). In 2013, IPPF conducted an audit of FPFE, which confirmed that we are a transparent, democratic organisation with financial solvency and that we continue to actively engage our social commitments. Further, IPPF constructively assisted us in identifying some of the spaces in which we can improve. We are working towards amending our statutes, bettering the matrix of our technical performance (which is already underway, following the addition of a new manager to our team), augmenting the presence of youth on the management board, and the elaboration of our strategic plan.*

*Through the development of our improved strategic plan, we will have the opportunity to think critically about FPFE and reinvent the future.*

*I now take this opportunity to challenge all of us to take part in helping us tackle these obstacles to transform this organisation.*

*Kind regards,*

***Luis E. Sánchez.***

*Chairman*

# AREAS



## SEXUALITY CARE SERVICES

> We defend the provision of sexuality care services that are constantly adapting to fit recipients' needs. The Spanish Family Planning Federation (FPFE) offers these services in Centres for Contraception and Sexuality for Youth (CJAS) for men and women below age 29. Additionally, CJAS provides information and counselling services for immigrant women. We employ a comprehensive approach to appropriately address all marginalized populations by providing free and confidential services. Such consultations are available without appointment and with no time limit, to promote a setting that aims to both solve the concrete difficulties an individual may have, and to foster and encourage free will. These services, through their continued evolution, are a benchmark example of the services that this organisation provides.

### > Youth-friendly services

The CJASs are the Centres for Sexuality Care for Young People. Its work is based on the understanding of the characteristics and necessities of young people, the defence and promotion of Sexual Rights, and the respect towards diversity in the sexuality experience. These services assist young people anonymously, confidentially, free of charge and without an appointment, and answer face-to-face, telephonic and on-line consultations.

The four CJASs located in Albacete, Barcelona, La Coruña and Madrid are a model both for the public administration and for professional workers and youngsters. The intervention approach they offer has been selected as a best practice example for the European Commission study published in 2013, *Best practices in the work with young people: the value of the work with youngsters in the European Union*.

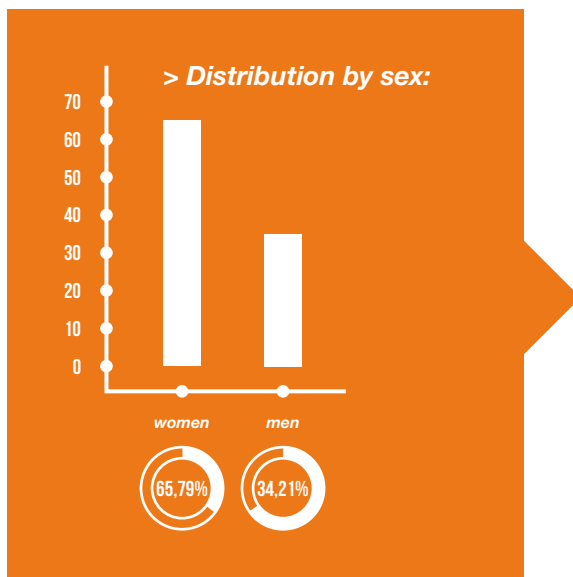
**In 2013, the CJASs have offered their services to 35,654 persons:**

**10,742 face-to-face consultations**

**5,211 telephone consultations**

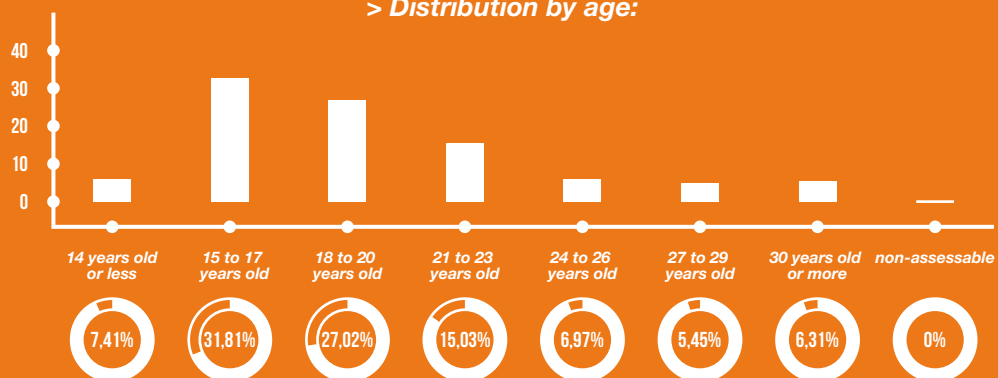
**1,821 on-line consultations**

**17,880 participants in sexual education workshops**

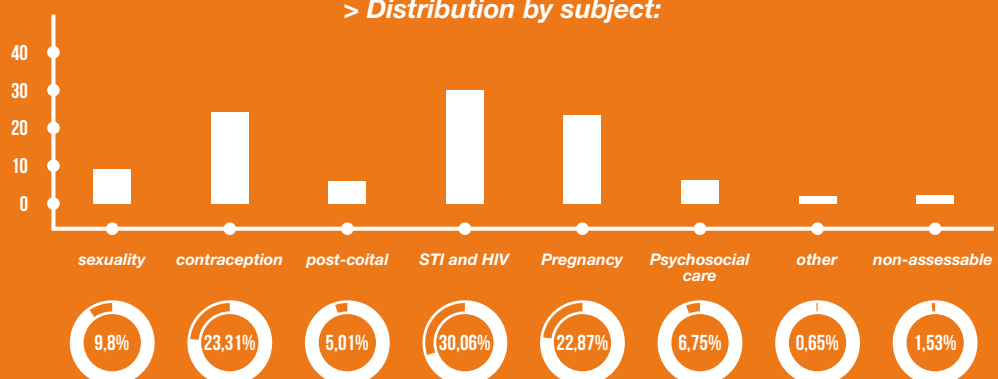


Although the number of women using these services is significantly higher, the number of men has increased in the last years due to the efforts made to draw them to these services.

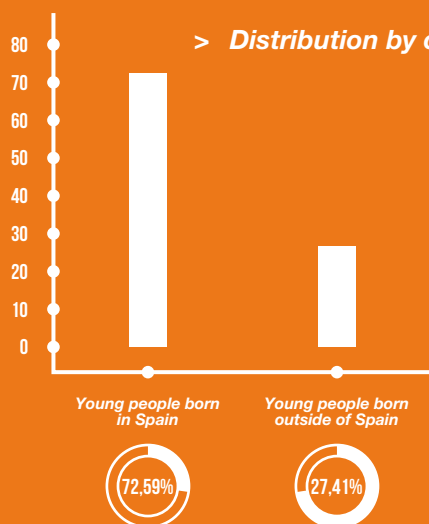
### > Distribution by age:



### > Distribution by subject:



### > Distribution by origin:



*The most common consultation subject was sexual transmitted infections and HIV due to the fast HIV test service of the CJASs. In the last years, these centres have become a non-clinical reference areas to perform the test.*



> The consultations by immigrant youngsters must be highlighted, as they show the adaptive capacity of the centres to the necessities of marginalized groups. Apart from the care service at the CJASs, the interventions with young immigrants include street activities and sexual education workshops, both in the centres' facilities and in immigrants' associations.

The direct work with the Youth Centres has been complemented with the information provided through their **websites, their activity in social networks, the preparation of outreach material, and the organisation of community activities** aimed to spread information about the program and to bring the services closer to those youngsters with access difficulties. Furthermore, the **counselling service** provided to agents that have a direct impact on the Sexual Health of young women and men is also essential. In 2013, the CJASs **have offered advice services to 211 families and to 601 workers** of the social, education and health sectors in order to provide them with the necessary tools.

The telephone care service **Youth Sex Hotline** is the only sexuality information telephone service addressed to young people available over the weekend, a period in where no other service is providing this kind of care; this hotline complements the face-to-face offer of the CJASs with an anonymous and confidential service.

In 2013, a Service Guideline has been published to improve the quality of the service. The hotline attended **2,387 calls during this year: 65.81% of the users were women and 34.19% were men, both aged mainly between 18 and 20 years, and the most common issues were urgent contraception (25.01%), HIV and other infections (22.87%) and information on resources (16.48%).**

In 2013, the **University services for contraception and pregnancy care** have continued operating in the Autonomous and Complutense Universities of Madrid and in the University of Albacete, and they are now established as an extension of the CJASs for the university population with a face-to-face, telephonic and on-line support on any subject regarding sexuality. These centres have also offered sexual education workshops and vocational training sessions on youth sexuality care for students in the last years of social, educational and health studies.

The university centres have attended **163 consultations (face-to-face, telephonic and on-line) and have organised 35 workshops** in 2013. **According to the feedback of the participants:**

*Sessions were...* productive, dynamic, up to date, realistic, participative, practical, interesting...

*What I liked the most was...* the videos used in the sessions, role playing activities, case analysis...

*I would add...* more time, more cases, more information, more websites with resources for professional workers, real users sharing their experiences...



*Convinced of the necessity of addressing the specific demands of information and advice of immigrant women, a service in three regions of Spain has been launched by the FPFE with the support of the Federation's regional associations of Castile-La Mancha, Galicia and Madrid, and the financial support of the Ministry of Employment and Social Security and the European Immigrants Integration Fund.*

*This service wants to facilitate women's access to information about and training in issues related with Sexual and Reproductive Health and Rights: motherhood, STI contraceptives, voluntary pregnancy termination, menopause, sexual violence, sexual intercourse, or relationships.*

*The service uses facilities of the associations in Madrid and Galicia and a space of the city council of Albacete in Castile-La Mancha. Women can visit this service during opening times specially adjusted to accessibility criteria, and they have the possibility to have a personal advice session. Furthermore, every region has a telephone line exclusively for this service.*

*In this frame, training and group workshops are offered to immigrant women in order to provide them with knowledge and abilities, and to promote their Sexual and Reproductive Health and well-being with a gender and intercultural approach. The contents of the workshops vary according to the composition of the group (age, nationality, duration of their stay, level of knowledge about the subject, interests expressed, etc).*

*Informational material has been prepared in Spanish and Arabian to inform about the service and the workshops.*

## **SEXUAL EDUCATION AND TRAINING AREA**

*> We believe that knowledge of SRHR is integral to the success of the individuals involved in both the provision of health care services and the defence of SRHR. Our training program includes general and specific working sessions, courses, lectures, and workshops addressed to social workers, healthcare workers, and staff members from NGOs, civil associations, or public institutions. Much of the educational materials are elaborated upon by each participant and session.*

*FPFE puts extreme importance on the promotion of high quality sexual education. We employ a comprehensive and standardized sexual education curriculum that involves all social agents, and is strongly based in scientific findings. The program is realized by experts with the required knowledge and tools. We teach educational workshops for youth within CJASs, educational centres, and associations, in which a broad, comprehensive image of sexuality is offered. Additionally, we host courses for families, teachers, and other professionals who aim to promote a more positive, risk free sexual experience for youth.*

*Furthermore, in 2013, several workshops were carried out, not only within the framework of the CJASs, but also in associations, educational centres, and other spaces, that were addressed to people with special needs.*

## > Sexual education programs in youth detention centres

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We intend to better improve the Sexual Health of minors living in them. To do this, the program gets involved in the centre and puts some of the involved agents in the spotlight by giving them the necessary tools. The program has counted with the participation of **12 centres** and it has worked with the management teams of several centres in Madrid, Castile-La Mancha, Extremadura and Galicia towards the integration in their centres of operating conventions and regulations that favour the Sexual Health of the minors and ensure their Sexual Rights.

**24 educators of these centres have become mentors** for sexual education by developing attitudes and acquiring knowledge in sexuality issues and by participating in trainings on how to answer possible doubts, address certain difficulties, transfer the minors to specific resources, and perform sexual education activities. Two persons have been trained as mentors in each centre to give continuity to the program.

**279 boys and girls have participated in a sexual education workshop.** Due to the fact that life in these facilities strongly affects the development of the Sexual Health of youngsters and these minors are particularly marginalized to sexuality-related risks, almost every of them has participated in an 8 hour- workshop on sexual education, including also a confidential and anonymous space.

**The program has allowed us to connect the minors with the youth-friendly sexuality services.** Minors have visited the CJASs of the Federation in order to become familiar with a model service that can become a first step into the standard health system. During these visits, the youngsters were invited to receive personal advice and to participate in specific activities aimed to understand the importance of Sexual and Reproductive Rights, particularly the Right to access quality services

## > Do you speak about sexuality with your sons and daughters?

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This program is addressed to professional workers and families and has the aim of making sexual education a regular issue in a greater number of families, working so that parents understand the important impact of this part of their children's education on the prevention of sexuality-related risks in young people such as unplanned pregnancies or gender violence in young couples. In 2013, workshops for families took place in Madrid, Catalonia, Castile-La Mancha, Galicia, the Basque Country and Extremadura, and they were complemented with the creation of outreach material, an on-line advice centre for families, and surveys to find out the opinion of the sons and daughters of the families that participated in the workshops. Among other, the following results must be highlighted: **18 workshops with 225 participants; 1,992 surveyed students and 76 on-line consultations.**

## > Encouragement of youth participation

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In a country with such a lack of culture of youth participation like Spain, the FPFE tries to develop different strategies to involve young women and men in activities regarding and the promotion of Sexual Rights.

### > Strategies for the promotion of youth participation

- Surveys to find out the opinion of participants of the developed activities;
- The participation of a great number of young workers (such as psychologists, sexologists, educators, nurses, doctors) in the activities of the CJASs;
- The existence in some associations of youth participation groups formed by highly committed youngsters who create position papers on different subjects and design awareness and training activities aimed to young people;
- The organisation at the CJASs of workshops on participation in the context of Sexual Rights;
- The encouragement of young people who have already participated in activities by the FPFE to accept new challenges such as the participation in governing bodies of its associations or of the Federation.
- The creation of participation guides such as the manual **Do you want to change the world? Here you have the instructions.**

### > Training on prevention of gender violence against immigrant women

The main goal of these courses is to provide women with knowledge that builds and strengthens their capacity to prevent or, if necessary, to act against different forms of gender violence.

In order to do so, the working group on immigration of the FPFE has developed a methodology and content that, with an intercultural approach and a gender perspective, addresses issues such as the concept, myths, causes and current situation of gender violence; Human Rights and equity; gender, sexism and sexual stereotypes in different cultures; processes, appearance and effects of ill treatment and sexual violence; or legal, social and health resources of each region.

During 2013, eight training courses have been organised in the different regions: three courses in Madrid (Alcorcón, Madrid) by the workers of the Family Planning Association of Madrid; three courses in Catalonia (Sta. Coloma de Gramenet, Llagostera, Arenys de Mar) by the Catalan and Balearic Family Planning Association; one course in Castille-La Mancha (Albacete) by the Association for Sexual Education and Family Planning of Castile-La Mancha (ASEXÓRATE); one course in the Basque Country (Bilbao) by the Association for Sexual Education and Family Planning of the Basque Country (ATSEGINEZ).

A total of 106 women participated in these courses (44 in Catalonia, 56 in Madrid, 18 in Albacete and 6 in Bilbao), coming from Morocco, Sub-Saharan Africa, India, Pakistan and Latin America (Bolivia, Uruguay, Colombia, Ecuador, Honduras, Peru, Paraguay).

The courses used participative methodologies such as group dynamics, role-playing, viewing of videos, interactive material and individual work. The program is funded by the Women's Institute (Ministry of health, social services and equity).

## > Training on family planning for workers of organisations, associations and NGOs

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This training is crucial to allow these workers to become trainers in their own associations. This program offers seminars to this effect (in 2013 they took place in Catalonia, Madrid, Castile-La Mancha and Galicia), and it is funded by the Ministry of health, social services and equity.

With a participative methodology, the seminars worked on the following concepts: Sexual and Reproductive Health; Sexual and Reproductive Rights; motherhood and unplanned pregnancies; specific groups vs. specific needs; risk prevention and sexual transmitted infections; as well as existing programs, resources and services to meet necessities regarding Sexual Health.

In some regions, specific groups such as women, immigrants or young people were the focus of the programs, and the seminar held in Catalonia included the prevention and intervention of professional youth workers in matters of LGTB bullying. Special material was prepared by our staff for the seminars of Catalonia and Galicia.

136 workers assisted to the seminars: 44 in Barcelona (38 women and 6 men), 35 in Madrid (30 women and 5 men), 30 in Albacete, and 27 women in Galicia.

### **In 2013, the FPFE has worked with a total of 66 organisations:**

**Albacete:** Health service Sescam, Midwives teaching unit, social services of the city council of Albacete, social agents of the area, Caritas, Red Cross, and 10 other associations that develop activities with different population groups, Family arbitration service, Care service for minors and sexual abuse.

**Madrid:** Aprosoers, Commission for the research on ill treatment against women, Association Ciudad Joven (young city), Doctors of the World, Foundation Atenea, Foundation White Cross, Mensajeros de la paz (messengers for peace), Guarani Foundation/Hispanic-Paraguayan Centre, Association of young women, Acsur las Segovias, Midwives association, Rumiñahui association, Platform of women against the Parliament, Day centre Pachamama.

**Catalonia:** Creación positiva (positive creation), Catalan midwives association, Progress, Children centre ASB, Dones amb empena (women with tenacity), Hospitalet hospital, Aids association Sida Studi, Ires Foundation, Cooperative Suara, Sisters of San Vicenç de Paul, Bayt-al-Thaqafa Foundation, University of Barcelona, Public health agency, Clinic hospital, Germina Foundation, CJAS, Salut I família (health and family), Association CEPS Salut, Committee 1st of December, LGTB Coordinator, Association Vincle, shelter for women Dones.

**Galicia:** Social services, centres for family orientation (COF) and shelters for battered women.

## > Prevention of sexual abuse of youngsters with learning disability

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Several studies reveal that 90% of persons with learning disability go through some sort of sexual abuse at some point of their lives, and that this will occur before the age of 18 for 39% to 68% of these girls and for 16% to 30% of these boys. This means that the chances of being a victim of sexual abuse are 1.7 higher than they are for young people without a learning disability.

With the aim of preventing abuse and sexual violence against young people with learning disability, the FPFE has taken part in the **European project "Keep me Safe"**, which wants to facilitate



*their access to information and to empower them to enjoy sexuality and emotional relationships without taking risks. Work is also done with their parents and the workers of the centres they visit, as they can contribute to create a strong protective and rights-supportive environment that allows youngsters to protect themselves against violence and sexual abuse.*

*The project "Keep me safe" is lead by the International Planned Parenthood Federation (IPPF) and co-funded by the European Union (Daphne Programmes III), and counts with the participation of family planning associations of 12 European countries. Thanks to the large numbers of participants, an exchange network of the different countries with different levels of knowledge and experience has been created.*

*In Spain, the FPFE has joined the Federation of Organisations in favour of Persons with Learning Disability (FEAPS) in order to develop the activities addressed to the youngsters, their families and the workers of the centres.*

*In the first stage of the process, the following activities have been organised:*

- A study trip to London to get to know the UK Family Planning Association, a model organisation in this issue in Europe;*
- A research on legislation directly or indirectly affecting the prevention of abuse and sexual violence of youngsters with learning disability, which is also included in the contents of the workshops;*
- The translation and edition of three manuals that gather the experience of expert associations in 6 European countries regarding the prevention of abuse and sexual violence of youngsters with learning disabilities: a best practices guide, a manual to increase awareness of intermediaries of the Sexual Rights of youngsters with learning disability, and a guide for working with youngsters with learning disability;*
- A team formed by 15 members of the FPFE and of family planning associations of Extremadura, Castile-La Mancha, Castile and León, Madrid and Catalonia has been trained during 4 days in order to strengthen their capacities and abilities to develop this prevention programs. The course was directed by Mr. Miguel Tudela and Mr. Paul Case, experts of the UK Family Planning Association;*
- The programs for the workshops for youngsters, families and workers for 2014.*

## RESEARCH

### > **European barometer of women's access to modern contraceptive choice**

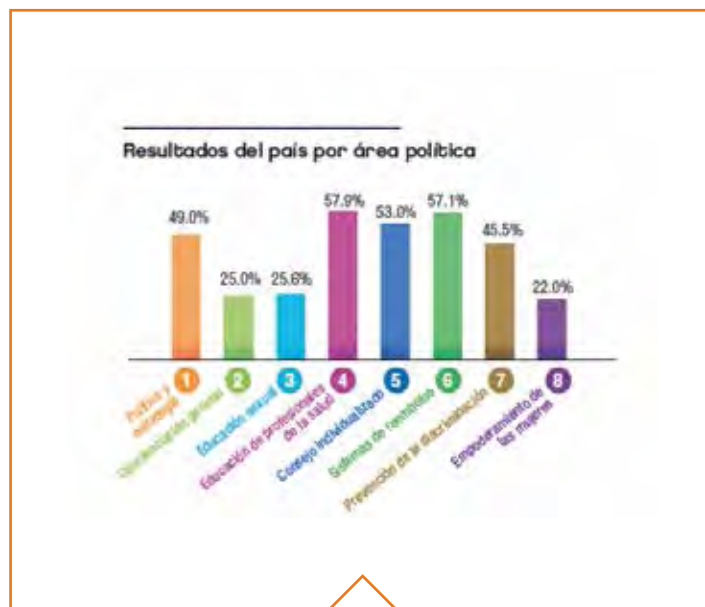
*The FPFE has participated in the Comparative study on women's access to contraceptive choice in 10 European countries, coordinated by the International Planned Parenthood Federation (IPPF).*



**The report offers a comparative overview of different policies** and different situations of women's access to contraception; it shows the existence of large differences and inequalities in the 10 European countries that participated in the survey (Bulgaria, Czech Republic, France, Germany, Italy, Lithuania, the Netherlands, Poland, Spain and Sweden), and shows that there are still barriers and stigma that hinder the implementation of effective policies in this regard. The conclusions state that the prevention of unplanned pregnancies must be a priority to ensure the well-being of women, its empowerment, and the welfare of the society as a whole. Therefore, it insists that the access to contraception must be a key element in all policies regarding Sexual and Reproductive Health and gender, employment and education equality. Finally, the recommendations of the report summon to draw and implement coherent Sexual and Reproductive Health and Rights policies.

The International Planned Parenthood Federation (IPPF), together with the representatives of all the associations that participated in the study, including the FPFE, **presented the conclusions of the Barometer at the European Parliament** in June, 2013. The Barometer was also presented **in a press conference in Madrid** with an important impact on the media, and its results and recommendations were **handed out to the Vice Chairwoman for the promotion of health and epidemiology** of the Ministry of Health.





### > Findings in Spain by political areas

In general terms, Spain achieved a low score on all political areas, despite having progressed significantly at a political level on health and sexual and reproductive rights (SRHR).

## INTERNATIONAL ADVOCACY AREA

> Many civil society organisations and platforms believe that it will not be possible to achieve the global development goals unless they are based on human rights and include SRHR. Three elements have been identified as the most important: 1) human development, which must include the right to health, universal access to sexual and reproductive health, and social protection; 2) gender equality and the empowerment of marginalized groups, particularly the poor, women, and girls; and 3) sustainable development through the integration of economic, social and environmental dimensions.

The advocacy task is performed by collaborating or being part of the following networks: **Countdown 2015, Action for Global Health** and **IPPF**.

## > Parliamentary Meeting on Global Health

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*February, Spanish Parliament*

The title *Brain-drain and health workers shortage* named the 5th Parliamentary Meeting on Global Health, where MPs of the Intergroup on Population, Development and Reproductive Health and representatives of the civil society met to discuss professional migration in the health sector and its impact on the access to maternal and newborn health services. The meeting presented the interventions of Pilar Navarro, from the Andalusian School of Public Health (EASP), Giorgio Cometto, from the Global Health Workforce Alliance, and Jim Campbell, member of ICS Integreare.

## > Parliamentary Conference on Family Planning

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*9th and 10th of May, London*

Organised by the British Parliamentary Intergroup on Population, Development and Reproductive Health and the European Parliamentary Fofum on Population and Development (EFP), this conference welcomed 57 MPs from 34 countries, among them the Spanish senator Antonio Rubio, with the aim of involving the Members of the Parliament in the negotiations of the Post-2015 Agenda and in the next ICPD Programme of Action. In a join declaration addressed to the leaders of the G8/G20, the participants demanded to set Family Planing in the context of Sexual and Reproductive Health and Rights in the centre of the Post-2015 development agenda.



## > Parliamentary All-Party Groups meeting at the Catalan Parliament: the Post-MDG frame and the challenges of the Right to Sexual and Reproductive Health

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*May, Barcelona*

With the participation of members of the Spanish and the Basque Intergroups, the Catalan Intergroup on Population, Development and Reproductive Health hosted this meeting, which welcomed also the Director of the European UNFPA office, the Director of the European Parliamentary Forum on Population and Development, and a member of the WHO. In the meeting, progress was done in the consensus for the future creation of a Parliamentary declaration on Human Rights in the Post-2015 agenda.



### > Participation in the international conference "Women Deliver"

*May, Kuala Lumpur (Malaysia)*

*Women Deliver is one of the largest international conferences, gathering leaders of all continents, social organisations, experts, and political decision-makers to share information about the situation on women's Health and Rights and pool proposals to improve it. The FPFE assisted to the meeting as a member of Action for Global Health, presenting the documentary video Universal access to maternal health in El Salvador: on the way and the document Universal health coverage and Sexual and Reproductive Health and Rights during an interesting discussion on the position of health in the Post-2015 agenda.*



### > Bilateral meeting with European MPs

*17th of June, Brussels*

*4 MPs members of the Intergroup on Population, Development and Reproductive Health joined the visit to Brussels organised by the FPFE with the aim of promoting and strengthening the coordination of the Spanish and European scopes for the advocacy work in the process of definition of the Post-2015 development frame.*



*The delegation assisted to a meeting with the representative of the permanent delegation of the Spanish government in Brussels, organisations of the civil society such as the IPPF, Marie Stopes International, Action for Global Health Network, the European Parliamentary Forum, and Spanish members of the European Parliament.*



### **> Study visit to Morocco**

*1st to 6th of September*

*A delegation of 7 MPs of the Spanish, Catalan and Basque Intergroups visited the country to study the situation of their health system and the access to Sexual and Reproductive Health and Rights.*

*During the visit, they shared experiences and thoughts about different health systems and the access to health with their Moroccan counterparts, health workers, civil society organisations, and national and international organisms, and they got to know the health-related projects funded by the Spanish Plan on Development Cooperation as well as the work of other donors. All in all, this has provided the participants with new tools for the Parliamentary actions aimed to the promotion of the Right to Health. The visit, organised by the FPFE and with the support of the Spanish Agency for International Cooperation and Development (AECID), counted with the collaboration of the European networks Action for Global Health and Countdown 2015, and of the United Nations Population Fund.*



## > Meeting of the Basque, Spanish and Catalan All-party parliamentary groups

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*29th of November, Basque Parliament*

*The Spanish, Basque and Catalan Parliamentary Intergroups analysed in Vitoria the challenges of global health and Sexual and Reproductive Health for the next Post-2015 global development agenda.*

*During this meeting, and under the title The Post-2015 development frame and the challenges for global health and Sexual and Reproductive Health: universal health coverage and access, participants shared analyses and proposals to encourage parliamentary initiatives in favour of health and Sexual and Reproductive Health in the context of the Millennium Development Goals (MDG) and the Post-2015 agenda.*

## > Presentation of the State of the World Population Report 2013

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*30th of October, Madrid*

*Like every year, the launch of UNFPA's State of the World Population Report 2013 in Madrid welcomed numerous media, MPs, representatives of social organisations and members of the Administration.*

*With the title Motherhood during childhood: facing the challenge of pregnancies of young women and girls, the report highlights the main challenges that pregnancies in young women and girls involve and its serious consequences on the education, health and long term labour opportunities of the girls.*

*The report was also launched in Barcelona in the Catalan Parliament thanks to the Catalan and Balearic Family Planning Association and with the participation of members of the Catalan Intergroup, representatives of the civil society and NGOs, and research centres.*

*Furthermore, a short presentation of the report took also place in the Basque Parliament on the 29th of November in the frame of a meeting of all Parliamentary Intergroups (Spanish, Basque and Catalan).*



## > Seminar "The new challenges of international cooperation and universal health coverage in the next development agenda"

November, Madrid

With the support of the association for the coordination of NGOs for development (CONGDE) and Action for Global Health, this seminar allowed to share proposals for the next Post-2015 agenda: How do we switch from words to real mechanisms of social protection? Is universal health coverage the best way to achieve health access for everyone? What is the relation between health coverage and universal health systems? These and other questions received many answers in a conference that counted with the participation of more than 80 representatives of social organisations, MPS, members of the Administration and experts from different countries. The cross-message at the end of the sessions was that civil society organisations need to place the concept of universal health coverage there where it belongs: "as an aim that will allow us to achieve the Right to Health and as an action guideline towards universal health systems that include every single person".



## > Campaign "I want a healthy world"

From its our work with the network Action for Global Health, the FPFE has continued with this awareness campaign on the importance in times of financial crisis of maintaining development aid: although it is a minor part of the public budget (0,2% of GDP), Spanish ODA has been cut down on a 70% in the last years. The Federation has developed a video game for computers and mobiles (available at [www.accionporlasaludglobal.es](http://www.accionporlasaludglobal.es)) as well as a poster contest that invited participants to reflect on the Right to Health through the artistic creation. During one month, the question "What is your idea of a healthy world?" could be answered in audio, images, or text format.



*In a world where everything seems to be for sale...Healthy world for sale\* (limited edition)  
Composition: 50% right to have rights, 20% development aid, 20% equal opportunities, 10% social conscience. Instructions: do not wash your hands, do not just lie on it, enhance its shine Handmade*

### > Parliamentary Brief

*The Parliamentary Intergroup on Population, Development and Reproductive Health, with the support of the technical office of the FPFE, edits and distributes on a quarterly basis the Parliamentary Brief, which presents information on the main activities of the Intergroup and news on current issues regarding population and Sexual and Reproductive Health. The Parliamentary Brief is distributed through the website and the mailing list of the Intergroup, and its printed version is handed out to several commissions of the Congress, MPs, governmental institutions and social organisations. In 2013, the issues number 27, 28 and 29 were published.*



## > New website [[www.intergruposalud.es](http://www.intergruposalud.es)]

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The website of the Intergroup has been redesigned in 2013 to increase the visibility of its work and to turn it into an active communication channel.

## > Other activities:

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**Presentation of the interactive monitoring tool for ODA to health.** This tool, developed by the organisations of the network Action for Global Health, makes it possible to compare the real aid appointed to health by European countries. It was presented at the Parliament in February, 2013, and it can be found at the website [www.actionforglobalhealth.eu](http://www.actionforglobalhealth.eu).

**Letter to the Spanish Government** with the aim of recalling the importance of maintaining the Right to Health in the development agenda. The letter was written during the intergovernmental meeting of UE Member States held in Dublin in February, 2013, to discuss the Millennium Development Goals (MDG) in the Post-2015 development agenda.

**Letter to the political decisions-makers** participating in the High-Level Dialogue on health in the global development frame which was held in Botswana in March, 2013. The letter urges to ensure that universal health coverage is included in the Post-2015 development frame as a means to end avoidable loss of life and guarantee the Right to Health for every single person. Furthermore, representatives are demanded to renew the commitment with the "unfinished business" of the unachieved Millennium Development Goals (MDG) related to health.

**Petition to the Spanish President**, Mariano Rajoy, to fulfill the commitments undertaken at an international level to guarantee the Right to health care for every single person. April, 2013. The Government answered to this letter.

**Participation in the conference about Post-2015 organised by CONGDE** with the talk "The paper of civil society: the experience of networking". 28th of June, 2013. Among other experts, this conference also counted with the participation of the General Secretary for International Cooperation of Spain, a representative of the United Nations Secretariat for the development of the Post-2015 agenda, and John Patrick Ngoyi, member of the Commission for Justice, Peace and Development of Nigeria.

**Participation in the debate-conference** on the Spanish shaping of the Post-2015 agenda, organised by the Spanish Ministry of foreign affairs and cooperation. 16th of September, 2013.

**Parliamentary Declaration: "For a Post-2015 development framework based on Human Rights"**. Promoted by the FPFE in several actions with MPs and thanks to many efforts, the declaration was finally signed by all Parliamentary groups in September, 2013, and it has been adopted as an institutional declaration by the Basque Parliament.

### **> Countdown 2015 Europe**

*This network is formed by 15 European non-governmental organisations with experience on advocacy in development aid for Reproductive Health. These civil society organisations work in 12 European countries with a concerted effort to achieve the increase of the aid and the funding that European donors allocate to unmet necessities of family planning in developing countries. The increase of the political and financial commitment in Europe is crucial to ensure the universal access to Reproductive Health and family planning services around the world, a fundamental step to achieve the Millennium Development Goals (MDG).*

*For more information on Countdown 2015 Europe, please contact the European Network of the International Planned Parenthood Federation (EN IPPF) at [countdown2015europe@ippfen.org](mailto:countdown2015europe@ippfen.org) or visit the website [www.countdown2015europe.org](http://www.countdown2015europe.org).*

### **> Action for Global Health**

*The FPFE has been a member of the European network Action for Global Health since 2006. The network is formed by organisations working in seven countries and several health areas and its main goal is to achieve that Europe promotes the fulfilment of the Right to Health of every person and in every part of the world. Apart from the FPFE, the Spanish organisations Anesvad, Farmamundi, Doctors of the World and Medicus Mundi are also members of the network. Our work in 2013 has focused on the advocacy to increase the official development aid to health and on the role of health in the next Post-2015 global development agenda.*

*For more information, please visit [www.actionforglobalhealth.eu](http://www.actionforglobalhealth.eu). The website for the Spanish network can be found at: [www.accionporlasaludglobal.es](http://www.accionporlasaludglobal.es).*

### **> International Family Planning Federation (IPPF)**

*The FPFE is accredited as an IPPF full member association which means that FPFE work and is organized under the ten principles which its fulfilling defend the 172 countries consisting this international Federation: a leading SRHR organization, committed to results and to quality, well managed, financially healthy, good employer, open and democratic, well governed, strategic and progressive, transparent and accountable.*



### > EuroNGOs

The FPFE is part as a full member, of the European NGOs for Sexual and Reproductive Health and Rights, Population and Development (EuroNGOs) is a regional network of European based-NGOs that promote comprehensive and progressive sexual and reproductive health and rights (SRHR) in development cooperation and global policies.

## AWARENESS / COMMUNICATION

> We aim for recognition and achievement of SRHR, which manifests in working for increased visibility and public dialogue of these rights and of the individuals and organisations that are committed to defending these rights. Our programs and projects exemplify the importance of communication, and the various formats and spaces through which communication can occur. For example, we work on establishing a relationship with the media, developing awareness campaigns, elaborating and distributing information/training materials that support the work of all FPFE areas, and participating in public awareness or denunciation activities, among others. In 2013, the communication processes have been a core aspect of the different activities mentioned. In addition, other actions have been implemented:



## > IN THE MEDIA:

*"This Valentine's Day, remember: not everybody chooses their partner".* February, national newspaper El País.

*"Universal coverage, a weapon against poverty".* Article of two pages published in the national newspaper El País, with the collaboration of the FPFE as a member of Action for Global Health. September.

*"10 reasons not to change the abortion law",* published in the national newspaper El País with the signatures of some of the organisations of the platform Decidir nos hace libres (deciding sets us free), the FPFE among them. December.

*"The strategy for Sexual and Reproductive Health is put on hold".* Interview with the Chairman of the FPFE at the public television La 2. December.

*"Restrictions of the law turn abortion into a clandestine and dangerous action".* Statement. April.

*"The amendment draft of the abortion law supposes a backward movement of 30 years in women's rights".* Statement. December.

*Barometer of women's access to modern contraceptive choice.* Presentation at a press conference. Madrid, September.

*Presentation of the UNFPA's State of the World Report 2013.* Madrid, October. Reported by numerous national and regional media.

*Other collaborations:* interview with the Chairman of the FPFE about sexuality among young people in the Basque radio station Radio Euskadi (March); interview with the public radio and television channel of Denmark about the possible change of the Sexual and Reproductive Health law (April); interview with the Vice Chairwoman of the FPFE for the article "Pornography, a bad sexual education teacher", published in the national newspaper El País (June); Declarations for the website of the Spanish public radio and television RTVE regarding the age of sexual consent (September); Interviews after the approval of the draft amendment of the abortion law (December). Other interventions have appeared in numerous media as Le Monde, Al Jazeera, France24, Telemadrid, and Aragón Radio, among others.

*Our website (fpfe.org) and Facebook page are now more active and a Twitter profile has been created (@fpfeong). The FPFE has also published some articles on the International Women's Day ("No gender equality, no development"), the study visit to Morocco ("The two Moroccos"), or the Barometer of contraception access ("Almost all tests failed").*



## > PUBLICATIONS:

***Diálogos Magazine:** new four numbers issued on 2013, all focused on Health and Sexual and Reproductive Rights. This quarterly magazine counts on the support of a collaborative group of health professional workers, experts and activists being distributed among family planning centres, medical centres, health professionals, public and private institutions, human rights- experts and defenders, among others.*

***For a Global Development Frame that fulfils the Right to Health:** a proposal from the civil society. Coordinated by Action for Global Health (AfGH) and with the participation of CONGDE, Planet Health, Right to Health, Healthy World and CESIDA.*

***Euromapping 2013.** Mapping of the European aid to development and population. Coordinated by Countdown 2015.*

***2013 report on Official Development Aid (ODA) with the AfGH network:** data and analysis on the volume and quality of ODA on global health which give six EU key countries: France, Germany, Italy, The Netherlands, Spain, United Kingdom, as well as the EU institutions.*



**MEMBER**

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**ASSO**

**CIAT**

**IONS**



## PLANNING OF THE BASQUE COUNTRY

> One more year, we have continued with our talks and workshops and our efforts to disseminate information on Sexual Rights. In this context, the creation of the Basque Parliamentary Intergroup on Population, Development and Reproductive Health needs to be specially highlighted. The goal we have set ourselves for this year was simply complicated: to increase the number of persons supporting our cause, to strengthen supportive network with other groups and, in short, to enlarge our social base.



### > Program for immigrant women. Training courses on sexuality and prevention of gender violence

This 3-days program has taken place in the headquarters of the Itaka Eskolapios Foundation in September and has offered participative sessions with individual and group activities. Opinions and reflections of women participating were the focus of the program. Using a comic that set out a situation from a toxic relationship, participants had to play the different roles involved and analyse alternative behaviours which would fit in an ethical relationship pattern. This program allowed us to achieve the following goals:

- To promote knowledge among immigrant women which allows them to prevent and respond against different forms of gender violence;
- To promote Sexual and Reproductive Health by ensuring a better social and labour development of immigrant women.

### > Program for pregnancy prevention in young women and girls: Do you speak about sexuality with your daughters and sons?

On the 20th, 22nd, 27th and 29th of November, 16 women and one man took part in the workshops organised in the facilities of Kukullaga Ikastetxea; participants valued the possibility to have a space where they could discuss about sexuality. Thanks to this program, participants were able to:

- Broaden the idea of sexuality with new concepts;
- Get to know important attitudes in sexual education such as acting with naturalness, listening, or allowing own emotional implication;



- Accept emotions that arise when speaking about sexuality with daughters and sons;
- Embrace behaviour guidelines to speak about sexuality with daughters and sons;
- Reflect on the sexual education that daughters and sons receive over several media;
- Practice speaking about sexuality.

#### > Azaltzen

*This is a comprehensive proposal on sexuality and Sexual and Reproductive Rights born from the collaboration with the Youth and Quality Department of the city council of Barakaldo with the aim of offering a sexual advice service free of charge for young people.*

*In 2013, the city councils of Portugalete, Sestao and Santurtzi have also joined the proposal in the frame of the program Ezker-raldea Gaztedi.*

*This service offers a telephonic counselling hotline where volunteers from Atseginez that have received a training on sexuality answer the questions and listen to the concerns of young people in regard to human sexual intercourse. A Tuenti profile complements this offer*



#### > Regional Council IPPF EN

*The 41st European Regional Council of the International Planned Parenthood Federation took place on the 27th and 29th of June and counted with the participation of two members of Atseginez, Estela Buendía and Esther Albarrán. The main subject of the meeting were the rights of the LGTBIQ collective, and visions and actions for their promotion were discussed.*





## > Basque All-Party Parliamentary Group

As the result of the cooperation between Atseginez and the Advocacy Area of the FPFE, in April 2013 the Basque Parliament approved the creation of the Basque Parliamentary Intergroup on Population, Development and Reproductive Health with MPs of the parties PNV-EAJ, PSE-PSOE and EH Bildu to promote the principles accorded at the Action Programme of the International Conference on Population and Development (Cairo, 1994) and the Platform for Action of the Fourth World Conference on Women (Beijing, 1995).

The Basque Intergroup hosted the event "The post-2015 development framework and the challenges for global health and Sexual and Reproductive Health: health coverage and universal access" on the 29th of November. MPs of the three Spanish Intergroups (Spanish, Catalan and Basque) and civil society organisations participated in the meeting and shared analyses and proposals to promote parliamentary actions regarding the Millennium Development Goals (MDGs) and the Post-2015 Agenda.

## > Talks and workshops

*"The art of being old; ethical reflection on old age"*  
Retire Association of Trapagarán, 9th of January.

*"Women and cinema"*  
Cultural Centre of Retuerto-Barakaldo, 4th of March.

*"Sexual education of young daughters and sons"*  
Parents' Association of Trapagarán, 10th of April.

*"Couple counselling; practical cases"*  
Deusto University, 8th of May.

*"Sexuality in elderly persons"*  
Retire Association of Trapagarán, 12th of June.

*"Myths and prejudices of sexuality"*  
Women of the health education group Educando-nos of Barakaldo, 24th of October.



## > Website of atseginez.org

We regularly publish new information on our website, which had the same number of visitors as in the previous year. Articles published in 2013:

Sexual scenes - Our intimacy - The halo of science sometimes... - Zero tolerance for female genital mutilation - To Afghan women - S.E.C. R.E.T. - Oversight of sexologists - Fucking, copulating, and other necessities - The abuse of power - R.A.C. - Trading with genitals - They are having fun... - Masturbation and misconception - Exploring the vulva - The revolution of respect - Exploring the

clitoris - Teenager sexualities - Violence against women - Sexual consent - Women empowerment - Affective bonds and attachment bonds - Truth, justice, love and freedom - Centenary of a witness - Guardian angels - Zero tolerance.

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## CATALAN AND BALEARIC ASSOCIATION OF FAMILY

### PLANNING (APFCIB)

> In 2013 we have focused on the consolidation and monitoring of our projects. We have continued with the model programs of the organisation and, at the same time, we have started new activities for the awareness and fight against the amendment of the Law for Sexual and Reproductive Health and Termination of Pregnancy Act announced by the Government of the Popular Party; these activities have counted with the collaboration of political representatives and local and international organisations.



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### > Centres for Contraception and Sexuality for Young People (CJAS)

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Once more, it must be highlighted the work of this model service for the specific sexuality advice to young people, which complements the public social and health services.

The CJAS has received 4,482 face-to-face visits in 2013. More than the half of the users were youngsters under the age of 20, and more than 40 % were not born in Spain. The most frequent questions were related to STI/AIDS, followed by urgent contraception and unwanted pregnancy and voluntary pregnancy termination. The hotline answered 2,429 calls and we received 769 on-line requests of advice; the website had 20% more visitors than in the previous year.

The CJAS has also organised numerous educational activities, such as 259 workshops for young people. Furthermore, the centre has also offered educational programs for adults and professionals and we have continued our collaboration in conferences, commissions, the creation of educational material and research, as well as other actions for the promotion of Sexual Health among young people.

### **> Program for the promotion of emotional-sexual health and the prevention of HIV addressed to women living in shelters**

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*This educational program aims to raise risk awareness among these women through group work, reflection and self-care, and it has been carried out by a multidisciplinary group of professional workers in 7 shelters and assisted living apartments. Over 80 women have participated in the workshops together with female educators and other professional workers of their facilities. Besides, our gynaecologists have continued with their visits for personal counselling and voluntary cytologies.*

### **> Educational program for the promotion of emotional-sexual health in occupational-training centres**

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*2013 has welcomed an increase in the number of participants in this program, with 100 persons aged between 16 and 50 years attending the workshops in different centres of Figueres, Torelló and Vic.*

### **> Program for family training**

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*25 workshops have been organised in different Catalan towns with a total of 337 participants.*

### **> Program for intercultural intervention regarding Sexual and Reproductive Rights among young people**

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*Once more, this year we have continued with this project. Its core activity is the preparation of workshops in educational centres with over a 20% of students with a migrant background; 74 youngsters aged between 14 and 21 years attended these workshops in 2013.*

### **> Advocacy program**

*This program has been consolidated in 2013 with the upgrade of the Sexual and Reproductive Rights Observatory (ODSiDR) and the efforts of the Catalan Intergroup on Populations, Development and Reproductive Health, where we personally participate providing the technical secretariat.*



### > Awareness program

*In 2013, we have also prepared several workshops addressed to professionals of the health sector. Furthermore, activities and conferences have been organised around the International Day of Women's Health, the International Day for the Legalization of Abortion or the International AIDS Day, among others, and we have frequently participated in activities by other organisations and networks in order to raise awareness and promote Sexual and Reproductive Rights.*



### > Training program for the prevention of sexual abuse among equals

*We would like to highlight this project and its pilot program: specific training for the educational team and the youngsters of a Residential Centre for Educational Action (CRAE). At the same time, we have increased the training on Sexual and Reproductive Health and Rights (SRHR) of different groups of women, with the participation in 10 towns of 242 women who have now become agents of SRHR.*

*Finally, APFCIB is establishing itself as a model organisation in our sector, as it is shown by the increase of the number of visitors of our on-line Observatory, [www.observatori.apfcib.org](http://www.observatori.apfcib.org), the regular interaction in the social networks Facebook and Twitter, the appearance in the media, or the numerous collaboration requests from other organisations and institutions of the sector.*

## ASOCIATION OF FAMILY PLANNING OF MADRID



### > Program for intervention at universities

*The Sexual Advice Centre of the Complutense University of Madrid has maintained its service along 2013, with a total of 13 face-to-face and 20 on-line consultations. On the other hand, the Sexual Advice Centre of the Autonomous University of Madrid has been a success one year more thanks to the cooperation of students and professional workers: in 2013, the centre assisted 97 face-to-face and 75 on-line consultations and performed 30 HIV tests.*

*Furthermore, the success of the information provided and the acceptance of this program in the educational community has resulted in the cooperation between the APFM and the Autonomous University of Madrid (UAM) to organise a training course on sexology (Sex, Relationship and Therapy) addressed to psychologists and an intervention program on menopause transition (Managing menopause) addressed to both administration and service staff, and the teaching and research staff of the university. Although this program has not received any financial support during 2013, new ways of funding are being studied with the UAM in order to continue such a necessary service.*



### > Sexual education program

Several workshops on Sexual Education have taken place during 2013 in the city councils of Arganda del Rey and Algete, as well as in different public and state-subsidised educational centres of Madrid. One more year, the workshops in Arganda del Rey welcomed students of different schools aged between 14 and 18 years as well as a new group of secondary school pupils that completed the program; the local School for Parents also hosted some workshops. In Algete, the workshops welcomed students aged between 16 and 18 years with highly satisfactory results and the possibility of future collaborations. The religious school La Salle - San Rafael also hosted workshops for students aged between 16 and 18 years and it is likely to repeat them since the youngsters were positive about them.

On the other hand, in cooperation with the Centre for Contraception and Sexuality for Young People of Madrid (CJASM), the Complutense, Autonomous and Rey Juan Carlos Universities of Madrid have organised several workshops on sexual education for health workers (Nursing and Psychology). Students were highly motivated and interested on the training and some of them offered their collaboration as volunteers with the organisation. Furthermore, we also participated in a meeting and workshop with the organisation The Transsexual Man, whose members were positively impressed by the acceptance of the group and expressed their willingness to organise future collaborations. Finally, the AFPM together with the FPFE organised a training seminar on sexual care for professional health workers and associations' staff which will be followed by other courses or seminars according to the future necessities and demands of the participants.



### > Advocacy

The AFPM has been actively collaborating with different organisations and associations in the region of Madrid that work for the defence of Sexual and Reproductive Rights and particularly against the governmental amendment draft to the Law 2/2010 for Sexual and Reproductive Health and Termination of Pregnancy Act (Platform We decide, Feminism Commission of 15-M, Women face the Congress, or Catholic women for the right to decide, among others).



## > Association

*The Young Group of the Association has been reactivated thanks to the generous collaboration of members, collaborators and students who have proposed to continue their voluntary work. In the frame of the European Testing Week, the Young Group organised several actions in the Autonomous and Complutense Universities for the dissemination of information regarding the fast HIV test and the use of preservatives, and assisted the CJASM to extend its opening hours to perform the HIV testing. This experience and the engagement in the participation have motivated the APFM to modify its Volunteering Plan in the frame of the Strategical Plan that has to be developed in 2014.*

*On the other hand, the website of the association was redesigned and prepared for the upcoming year; we continue to actively participate in social networks such as Facebook and Twitter. Finally, the association has also taken part in the preparation of DIPREVIH, a platform of different associations of Madrid working on HIV care.*





### > Centre for Sexual Care for Young People (CJAS)

Our CJAS, supported by the Youth Department of the city council of Albacete, has moved in March 2013 into a new space in the Municipal Youth Centre of the town, a facility that young people already fancy to visit.

### > Sexual education workshops

*In 2013, over 315 workshops on sexual education have been organised, with the participation of 2,381 students. These took place in 11 high schools and 3 primary schools of the city for students aged between 15 and 18 years old, as well as in some schools and programs for vocational training.*

*Furthermore, 15 sessions have been organised for targeted groups such as persons with learning disability or non-formal groups in disadvantaged neighbourhoods. For these groups, the special characteristics of the participants and their own experience of sexuality was taken into account, as it is sometimes very different to that of other youngsters. Examples of these targeted workshops were the sessions with a group of teenager mothers and the group of youngsters living in supervised flats.*



## > Presence in the media

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One year more, we have collaborated with the Youth Centre of the city council of Albacete in the creation of a monthly digital magazine addressed to young people. Besides, several radio spots were prepared with information on activities and with educational messages, 11 articles and several commercials were published in the print media, and we participated in other media a couple of times to speak about current issues.

## > Awareness campaigns

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### **Campaign for the HIV prevention:**

In 2013 two campaigns were organised: one in October at the University Campus of Albacete in the frame of the International Day of HIV Testing, and another one in the Municipal Youth Centre in the frame of the International AIDS' Day, both with fast HIV tests, information desks and the distribution of preventive material.

### **Campaign against gender violence, 2nd edition:**

The contests "Love Messages" and "Messages against Violence" took place around the 25th of November to promote healthy and positive relationships and to express our rejection to gender violence. Around 900 persons participated in this campaign and 6 young volunteers assisted the association during the contests.

## > Training for professional workers

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Gynaecology and Obstetrics (midwives) and Community Nursing students of the Castile-La Mancha University were invited to our CJAS and to several educational workshops. Also, students of the master's degree on Sexology and of the training module on Social Integration undergo a six months course in our centre to complete their studies. A seminar on Family Planning has also been organised for health and NGOs workers, with the participation of 30 persons.

## > Program for parents for pregnancy prevention in young women and girls



Three workshops for families have been prepared in this context, two in the city of Albacete and one in Hellín.

### > Care service for sexual and reproductive health for immigrant women

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*This project, which started in April 2013, has been well received by local organisations working with immigrants and by institutions such as the City Council. The Women's Department of the City Council has provided us with a space in their facilities and with support to spread information about the service.*

### > Training course on prevention of gender violence

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*18 African and Latin American women aged between 20 and 60 have participated in this course in Albacete.*

### > Participation in the platform: "The right to decide" of the Feminist Network of Castile -La Mancha

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*The association has performed its advocacy task on this issue by participating in networks and platforms.*

## ASSOCIATION OF FAMILY PLANNING AND SEXUALITY OF EXTREMADURA

*> In 2013, the association has continued to focus on education and development aid, without forgetting the demand of quality health care services.*



### > Courses at the School for Health Sciences

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*Two courses on sexual education and education for health addressed to workers of the Health Services of Extremadura have been organised at the School for Health Sciences and Social Care.*

### > Sexual education workshops

*The cooperation with the sexual education workshops in Don Benito has continued in 2013, and we have organised a scientific meeting with our partners on erectile dysfunction as cardiovascular risk factor.*



### > Grant for Cameroon

*The association has donated a 2,000 Euro grant to Cameroon to contribute with schools payments, the health services, or the purchase of material for sexual education (school bags with pens, sharpeners, Tippex, cookies etc.), clothing and food for marginalized groups, among others.*

### > Furthermore...

*The association has held a **meeting with the Chairman of the Health Care Department of the Health Services of Extremadura (SES)** to discuss the list of services. Our demands included the assurance of equal rights for compensation in all health areas and the acknowledgement of the centre at Plasencia II.*

*We are still collaborating with **regional media**, this time by publishing a review in the newspaper of Extremadura in the frame of the Day of Contraception.*

*Finally, we naturally continue with our efforts to consolidate the association, which in 2013 has moved to a new headquarters and has updated the data of all members.*

## ASSOCIATION FOR SEXUAL EDUCATION OF GALICIA

*> In 2013, the association has focused on the demand of rights and services and on the educational programs. Our advice service and educational activities at the Youth Centre have assisted 4,642 persons with face-to-face, telephonic and digital consultations, as well as educational interventions:*

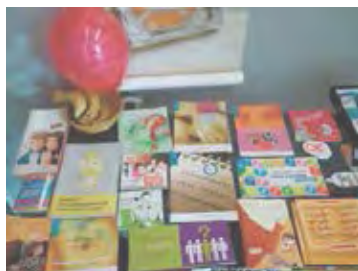


### **> Workshops and talks**

*In 2013, we have continued to promote Sexual Health and equality, focusing on the information on and promotion of responsible, positive and healthy behaviours: emotional-sexual education workshops for secondary and high school students were organised on gender equality in preadolescence, gender violence, sexual orientation and homophobia and HIV and women, as well as the workshop for parents “Do you speak about sexuality with your sons and daughters?”, and talks and workshops on gender violence in teenager relationships and how to detect it at school.*

*In the frame of the International Women’s Day, the organisation celebrated a conference on gender equality addressed to education workers and a conference on emotional education for children aged between 10 and 12.*

*Besides, the Talk on sexuality from puberty to adolescence addressed to families took place in the frame of the conference “ Women and Sexual Identity. Empowerment”.*





## > Seminar "Working on Family Planning from a healthy perspective"

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This educational activity took place on the 26th of November with the aim of training social agents working at family planning centres in associations and NGOs

## > Sexual health care for immigrant women

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This new program has started in March 2013 and has worked with 188 women.

## > Advocacy and awareness campaigns

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During the **European Day of Sexual Health** in February, the association distributed condoms and leaflets in the street; in the same month, we demonstrated **against the dismantling of the Family Orientation Centres** of La Coruña, and to support the movement against symbolic violence (Making visible the invisible).

We also participated in the International Day against Homophobia on the 14th of May and in the LGTB Pride Day on the 28th of June with an **information desk**, as well as in the Parade for the Right to Abortion (Claiming women's right to decide about their own bodies). The association also participated in the International Day for Contraception on the 26th of September with the **distribution of condoms** and in the International Day against Gender Violence on the 25th of November by organising a **Conference** on male and female roles in society.

During several days and in the frame of the National Day of HIV Testing and the International AIDS' Day, **fast HIV tests** were offered **free of charge** through the association's campaign Prevention of HIV: healthy habits.

Besides, the association has **participated in several media** (the radio station Cadena Ser, the newspaper La Opinión or an interview for the website of the Spanish public radio and television RTVE) to discuss the current amendment of the abortion law, and supported the dissemination of the **documentary KUCHU** about homophobia in Uganda.

The update and maintenance of our **website** (agasex.org), blog (agasex.blogspot.com) and email must also be highlighted, as it offers us the possibility to spread news on current issues, to share resources and information regarding sexuality, and to answer on-line questions and sorrows on Sexual Health.

Finally, the association **cooperates** in the organisation of campaigns and demonstrations for the promotion of Sexual and Reproductive Rights **with local organisations** such as the associations Meiga of Medicine students and SOS Saúde Pública (public health), the platform for the Right to Decide, the Family Orientation Centre of Orillamar, and the Equality Observatory of La Coruña.

## ASSOCIATION OF FAMILY PLANNING OF CASTILE AND LEON

(APFCyL)

*> With headquarters in Valladolid, the association has continued with educational and advocacy activities during 2013, mainly collaborating with social organisations.*



# FPFE

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# FINANCIAL INFORMATION

The background of the page features a close-up, warm-toned photograph of several incandescent light bulbs. Each bulb is still in its original cardboard packaging, which has a circular cutout revealing the bulb. The bulbs are arranged in a cluster, with some in sharp focus and others blurred in the background. The lighting is a soft, golden-orange, creating a warm and textured atmosphere. A white diagonal shape cuts across the bottom right corner of the image.

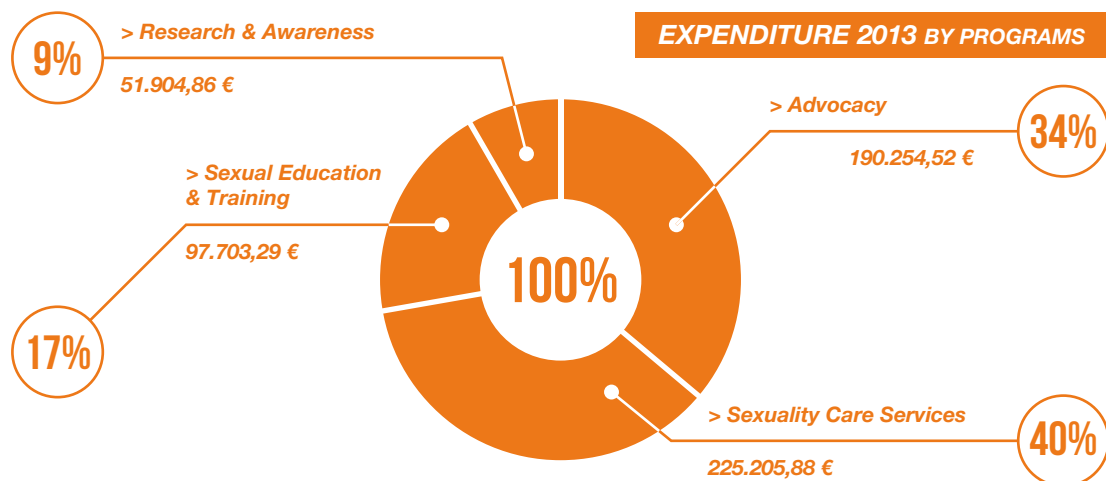
## INCOME 2013 DISTRIBUTION BY ITEMS 564.255,50 €

|                             |                     |            |
|-----------------------------|---------------------|------------|
| <b>&gt; Own funding</b>     | <b>29.722,05 €</b>  | <b>5%</b>  |
| · Miscellaneous             | 18.824,99 €         |            |
| · Donations                 | 6.613,11 €          |            |
| · Membership fees           | 2.299,00 €          |            |
| · Other                     | 1.984,95 €          |            |
| <b>&gt; Public funding</b>  | <b>377.164,53 €</b> | <b>67%</b> |
| · Public grants             | 377.164,53 €        |            |
| <b>&gt; Private funding</b> | <b>157.368,92 €</b> | <b>28%</b> |
| · Private grants            | 157.368,92 €        |            |

\* FPFE accounts are audited every year by D.B.F. Audifor, S.L.

## EXPENDITURE 2013 DISTRIBUTION BY ITEMS

| <b>&gt; Expenditure 2013</b> | <b>Total</b>        | <b>%</b> |
|------------------------------|---------------------|----------|
| · Employees                  | 354.335,19 €        | 63 %     |
| · Activities                 | 146.222,80 €        | 26 %     |
| · Structure                  | 64.510,56 €         | 11 %     |
| <b>&gt; Total</b>            | <b>565.068,55 €</b> |          |



## FEDERACIÓN DE PLANIFICACIÓN FAMILIAR ESTATAL:

### Abridged balance sheet on 31th December 2013

| > ASSETS   | 31/12/2013            | 30/12/2012            |
|--|-----------------------|-----------------------|
| <b>A) NON CURRENT ASSETS</b>                             | <b>457.981,54 €</b>   | <b>466.222,64 €</b>   |
| I. Intangible assets                                     | 0,0 €                 | 0,0 €                 |
| II. Fixed assets   | 457.981,54 €          | 466.222,64 €          |
| <b>B) CURRENT ASSETS</b>                                 | <b>582.763,83 €</b>   | <b>606.071,22 €</b>   |
| III. Trade debtors and other receivables                 | 315.051,40 €          | 336.628,50 €          |
| IV. Current investment in group companies and associates |                       |                       |
| V. Current investments                                   | 7400,00 €             | 7400,00 €             |
| VI. Prepayments for current assets                       |                       |                       |
| VII. Cash and cash equivalents                           | 260.312,43 €          | 262.042,72 €          |
| <b>TOTAL ASSETS (A+B)</b>                                | <b>1.040.745,37 €</b> | <b>1.072.293,46 €</b> |



| <b>&gt; EQUITY AND LIABILITIES</b>                      | <b>31/12/2013</b>     | <b>30/12/2012</b>     |
|---|-----------------------|-----------------------|
| <b>A) EQUITY</b>  | <b>996.325,51 €</b>   | <b>1.032.778,6 €</b>  |
| A-1) Capital and reserves without valuation adjustments | 280.918,85 €          | 289.990,09 €          |
| I. Capital  | 288.056,74 €          | 288.056,74 €          |
| II. Reserves  | 14.721,69 €           | 22.979,88 €           |
| III. Prior periods' profit and loss                     | -21.046,53 €          | -41.184,82 €          |
| IV. Profit/loss for the period                          | -813,05 €             | 20.138,29 €           |
| A-2) Grants, donations and bequests received            | 715.406,66 €          | 742.788,17 €          |
| <b>B) NON CURRENT LIABILITIES</b>                       | <b>0,00 €</b>         | <b>0,00 €</b>         |
| <b>C) CURRENT LIABILITIES</b>                           | <b>44.419,86 €</b>    | <b>39.515,26 €</b>    |
| I. Current payables                                     | 1.712,53 €            | 170,10 €              |
| II. Groups companies and associates, current            | 0,00 €                | 0,00 €                |
| III. Trade and other payables                           | 42.707,33 €           | 39.345,10 €           |
| 1. Suppliers  | 2.839,06 €            | 14.787,63 €           |
| 2. Other payables                                       | 39.868,27 €           | 24.557,47 €           |
| <b>TOTAL EQUITY AND LIABILITIES (A+B+C)</b>             | <b>1.040.745,37 €</b> | <b>1.072.293,46 €</b> |

## FUNDERS AND COLLABORATING ENTITIES

We would like to thank you to each institution for their support during 2013, without which we could not have been able to carry out all our activities:

### > Ministerio de Sanidad, Servicios Sociales e Igualdad

- Secretaría del Plan Nacional sobre el SIDA
- Secretaría de Estado, Servicios Sociales e Igualdad
- Instituto de la Mujer

### > Ministerio de Empleo y Seguridad Social

- Secretaría General de Inmigración y Emigración

### > Unión Europea

- Fondo Social Europeo
- Fondo Europeo para la Integración
- Programa EC Daphne III

Fondo de Población de Naciones Unidas (UNFPA)

International Planned Parenthood Federation (IPPF)

Action for Global Health

Fundación Rockefeller



